

How to File a Short Term Disability, FMLA or Supplemental Health Benefits Claim

When caring for yourself or a loved one takes you away from work, you may need to file a Short Term Disability or FMLA claim. If available, you can file your supplemental health benefit claim at the same time. We make it easy for you to file 24 hours a day, 7 days a week.



Scan the QR code to
download the eServices
mobile app.



Visit
matrixabsence.com
to file online.



Call (877) 202-0055
to file your claim
by phone.

For more information, visit **reliancematrix.com**.